

First Aid Training Courses

Protocol



As a result of updated Training Body guidance relating to delivery of first aid courses during the Covid-19 pandemic, SSG have taken the decision to follow a “Hands-on” approach to training the relevant skills associated with this subject.

Delegates will have been provided with information sheets as part of their Joining Instructions and should be aware of the arrangements in place in order to run courses safely and effectively:

1. Delegates will be temperature tested on arrival in the training room
2. We will keep social distancing in place as far as possible within the training environment
3. Disposable gloves and face masks will be provided throughout the course
4. Protective eyewear will not be provided, but delegates can bring and wear their own, if they choose to do so
5. To practice the relevant skills within the course, delegates will use a resuscitation manikin - this will be cleaned, and the lungs changed at the end of each session
6. Courses will operate a 1:1 ratio for manikins
7. If a 1:1 ratio cannot be applied, manikins will be thoroughly cleaned, sanitised and disinfected before use by another delegate
8. Group work will be kept to a minimum, however there will be a need to demonstrate dressing wounds and the recovery position
9. If a delegate wishes to refrain from these physical activities with a fellow delegate, they will be able to self-train, although assessment of competence will be more challenging
10. Delegates should be physically able to provide first aid in the workplace- therefore, please note that resuscitation, recovery and shock protocols will be performed at ground level

Alternative training methods are in place if the need arises.

In addition, to ensure the health and safety of both delegates and trainers, the control measures specified below will be applied:

1. All trainers will be provided with a copy of SSG risk assessments for Valley House and training activities, and will adhere to these at all times – copies are available on request
2. Trainers will be required to sign a form on completion of a course to confirm that manikins have been stripped and cleaned in accordance with requirements
3. Manikin faces will be sanitized / sterilised using an appropriate combination of wipes and solution - either Milton or SSG in-house Toucan Eco Activ
4. Courses will be capped in accordance with training room capacities, taking into account practical work undertaken on the floor
5. Courses run at venues other than Valley House will be subject to inspection by a member of the SSG team to ensure that suitable measures are in place and to ascertain maximum room capacities